# SETTING GENERAL GOALS (LEVEL 1)

Let's talk about planning! Setting goals stimulates students' self-regulated learning and identifies areas for improvement. A goal is the result a student wants to accomplish. It can be a long-term or short-term goal. In ePEARL, students are asked to set two types of goals: general goals and task goals represented by the prompt: "What do you want to do"?
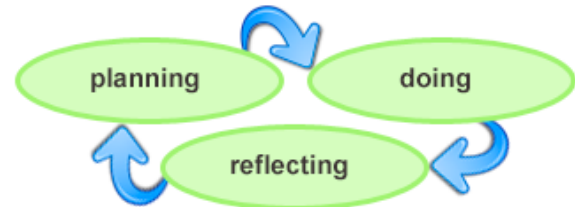
GENERAL GOALS

Much like the person climbing a mountain where the peak remains the goal, students think about where they want to be at the end of a school term, year or cycle. This long-term goal is set when students are asked to write one or two goals related to the development of their reading, writing, and other subject areas. Students may take a whole term or year to accomplish and work towards these. General goals are achieved slowly by working continuously on individual tasks during the term.

By clicking on the question mark 🕐, students will be able to:
1) Learn how to set their general goals.
2) Read examples.
3) Watch a brief video.

Tips you can use with your students:

- Before starting to work in ePEARL, reflect with student about what they want to accomplish within a school term or school year.
- Show examples of what a good general goal can be, for example: "Read a book without pictures this year", or "I want to write a non-fiction story with no spelling errors".
- Draw on your own experiences about setting personal goals to accomplish something as an example for your students.
- Ask for their personal examples (sports, art, or home life).
- Reflect together about the metaphor: climbing the mountain and reaching a distant objective step-by-step.
- Apply "SMART" goals with your students: **S**pecific, **M**easurable, **A**ttainable, **R**ealistic, **T**imely.

To learn more about setting general goals in level 1, watch this video.