

REFLECTING

Lesson Plan 6

PURPOSE

To introduce learners to the reflection process in ePEARL.

OBJECTIVES

To help learners understand the three main types of reflection and get familiar with common questions to think about when reflecting on general goals, works in progress, and completed artifacts.

TIME REQUIRED

45 – 60 minutes (depending on amount of hands-on time).

MATERIALS REQUIRED

- 1) Reflecting Guide.
- 2) Computers for viewing videos and to work in portfolios.

TOPICS ADDRESSED

- 1) Why do we reflect on our learning?
- 2) Types of reflection.
- 3) What does good reflection look like?

LESSON (15 MINUTES)

- 1) INTRODUCTION: What is reflection in the learning process? (VIDEO – link from teacher resources page: “Reflecting – Overview”)
- 2) DISCUSS: Why do we reflect on our learning?
- 3) TEACH: Types of reflection:
 - a) General: General Goals
 - i. Reread your general goals for the year.
 - ii. Any you would like to add/change/delete? Why?
 - iii. Any that you are proud of your progress on? Ones you need to work more on?
 - b) Specific: works in progress (VIDEO available)
 - i. Task goals – reread periodically while working on task.
 - ii. Strategies – review strategies to be sure you are using them all.
 - iii. What can I improve? – be specific.
 - c) Specific: Completed artifacts (VIDEO available)
 - i. Task goals – Did you reach your goals?
 - ii. Strategies – What strategies worked well?
 - iii. What can I improve?
 - iv. Why did I choose this for my portfolio?
 - v. Sharing & Feedback
 - vi. Curriculum Connections: BAL & CCC.
- 4) What does useful reflection look like? (see Reflection Guide for more detailed explanation of these types of reflection questions)
3 Main questions:

- a) **What?** (What did I do for this assignment?)
 - i. Recounting
 - ii. Observation
- b) **So What?** (What did I learn?)
 - i. Questions
 - ii. Connections
 - iii. Evaluation
 - iv. Self-Awareness
- c) **Now What?** (How can I use what I learned?)
 - i. New Information
 - ii. Details

GROUP ACTIVITY (15 MINUTES)

Get into groups of 3-4 (varied ability groups) and brainstorm lists of “what” “so what” and “now what” questions related to a recent assignment you have completed in your class.

- 1) Individual Activities (15 minutes each – choose 1 at a time):
 - a) General Goals: Log in to your ePEARL and review your General Goals – have you made progress towards these? Are there any you would like to add/delete/change?
 - b) Works in progress: Log in to your ePEARL and open an artifact in progress – reread your goals and strategies, which ones have you been using? Which ones have been helpful? Are there ones you would like to add?
 - c) Completed works: Log in to your ePEARL and choose a completed artifact to send to your portfolio. Why did you choose this artifact to present? What are you proud of in this work? What could you do better? Which strategies were most helpful? Which ones were not as helpful? Once you are done writing your reflections, “Share” this work with at least 3 classmates to get their feedback.

Classroom Management Tip

Don't have computers for every learner? Combine this reflection activity with other classroom projects and activities and have 4-5 centres. Give learners 15-20 minutes per centre.

